

AUGUST 2010

Monday

2
 AM Snack
 Oatmeal with raisins and juice
 Lunch
 Deep dish cheese pizza, steamed green beans, mixed fruit and milk
 PM Snack
 Ice Cream Sandwich



9
 AM Snack
 Fresh sliced fruit and juice
 Lunch
 Beef and broccoli, lo mien, steamed carrots mixed fruit and milk
 PM Snack
 Homemade trail mix and juice

16
 AM Snack
 Fresh fruit salad and juice
 Lunch
 Beef stew, steamed white rice, mixed fruit and milk
 PM Snack
 Homemade trail mix and juice

23
 AM Snack
 Fresh sliced fruit and juice
 Lunch
 Beef and broccoli, lo mien, steamed carrots mixed fruit and milk
 PM Snack
 Homemade trail mix and juice

30
 AM Snack
 Fresh fruit salad and juice
 Lunch
 Spaghetti Bolognese, seasoned green beans, pears and milk
 PM Snack
 Homemade trail mix and juice

Tuesday

3
 AM Snack
 Fresh cut fruit and juice
 Lunch
 Chicken and broccoli, rice, peaches and milk
 PM Snack
 Fruit snacks and juice

10
 AM Snack
 Toast with jelly and juice
 Lunch
 Salisbury steak, smashed potatoes, pears and milk
 PM Snack
 Cheese and crackers, fruit and juice

17
 AM Snack
 Sausage, toast and juice
 Lunch
 Chicken primavera, garlic bread, peas, mixed fruit and milk
 PM Snack
 Fresh fruit, pretzels and juice

24
 AM Snack
 Toast with jelly and juice
 Lunch
 Salisbury steak, smashed potatoes, pears and milk
 PM Snack
 Cheese and crackers, fruit and juice

31
 AM Snack
 Fresh sliced fruit and juice
 Lunch
 Pulled pork sandwich, macaroni salad, chips mixed fruit and milk
 PM Snack
 Bagels and juice

Wednesday

4
 AM Snack
 Toast with peanut butter or jelly and juice
 Lunch
 Mini Philly cheese steaks, tater tots, mixed fruit and milk
 PM Snack
 Cherry Jell-O and juice

11
 AM Snack
 Fresh fruit and juice

18
 AM Snack
 Fresh sliced fruit and juice
 Lunch
 Beef a roni, mixed veg., fruit cocktail and milk
 PM Snack
 Chocolate pudding and juice

25
 AM Snack
 Fresh fruit and juice
 Lunch
 Pulled pork sandwich, macaroni salad, chips mixed fruit and milk
 PM Snack
 Banana Splits



Thursday

5
 AM Snack
 Fresh fruit salad and juice
 Lunch
 Pancakes, sausage, applesauce and milk
 PM Snack
 Pretzels and juice

12
 AM Snack
 Bagels and juice

19
 AM Snack
 Peaches and juice
 Lunch
 Baked penne with marinara, steamed green beans and peppers, pears and milk
 PM Snack
 Cherry Jell-O and juice

26
 AM Snack
 Bagels and juice
 Lunch
 Chicken and dumplings, succotash, mixed fruit and milk
 PM Snack
 Fresh fruit, animal crackers and juice

Aug. 2nd - National Ice Cream Sandwich Day
 Aug. 11th - Play in the Sand Day
 Aug. 25th - Banana Split Day



Friday

6
 AM Snack
 Granola bars and juice
 Lunch
 Chicken patty on a bun, fruit salad, confetti corn and milk
 PM Snack
 Fresh popped popcorn or goldfish and juice

13
 AM Snack
 Fresh cut fruit and juice
 Lunch
 Vegetable lasagna, green beans, pears, a roll and milk
 PM Snack
 Fresh popped popcorn or goldfish and juice

20
 AM Snack
 Brown sugar oatmeal and juice
 Lunch
 Chicken tenders, baked fries, fruit cocktail and milk
 PM Snack
 Fresh popped popcorn or goldfish and juice

27
 AM Snack
 Fresh cut fruit and juice
 Lunch
 Vegetable lasagna, green beans, pears, a roll and milk
 PM Snack
 Fresh popped popcorn or goldfish and juice